

CLUB SERVICE

4-Way Test— December

12/10 John Girardeau
12/17 Bob Byrne

December Greeters-

Tom Hallman
John Lindsay

Guest-

Miles Kellems	SAHS
Ethan Arnold	SAHS
Jade Abney	USCA
TC Rushton	APS
Ben Arron	ACSD
Susan Mehan	grant recipient
Melanie Inabinet	grant recipient
Patsy Llewellyn	Pat Moore
Ronnie Brewer	Jerry Hughson
Larry Wittenmyer	Jerry Highson
Robert Murphy	Jane Page Thompson
Will Buchanan	Rachel d'Entremont



Cart fund update
\$95.50 collected
12/3/18

ROTARY READER PROGRAM

Aiken Rotarian Pat Moore's sister in law Dr Frances Ferrene, Rotarian in Hilton Head, received President Bush's prestigious Points of Light award for starting the Rotary Reader program in 1991. This wonderful program that many Rotary Clubs have adopted has been a successful educational asset for early readers and volunteers alike.
Go Rotary Readers!



Rotary Club of Aiken
PO Box 685
Aiken, SC 29802
(803) 508-4744
Monday, 12:30 PM
Newberry Hall
117 Newberry Street, SW
www.aikenrotary.com

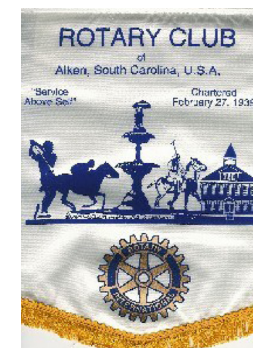
R.I. President
Barry Rassin
District Governor
Carol Burdette
Club President
Will Williams
President Elect
John Lindsay
Vice President
Ellen Priest
Past President
John McMichael
Secretary/Treasurer
Rachel L. d'Entremont
Sergeant-at-Arms
Richard Holley

Board of Directors
Rick McLeod (RY 18-19)
Jennifer Hart (RY 18-19)
Betty Ryberg (RY 19-20)
Chrissa Matthews (RY 19-20)
Jeff Baumgardner (RY 19-20)
Mallory Holley (RY 19-20)
Al Sorensen (RY 20-21)
Karen Poteat (RY 20-21)
John Dangler (RY 20-21)

Sergeants-at-Arms
Chair: Richard Holley
Robert Stack
Rachel d'Entremont
Richard Herring
Jeff Baumgardner
Josh Booth

THE GEAR

DECEMBER 10, 2018



Rotary
Club of Aiken



Chartered February 27, 1939

Club 6187—District 7750

Volume 52, Number 24

Editor: Tara Reeder - tara@howellprinting.net

PROGRAM LAST WEEK by Tara Reeder



Our guest speaker last week was one of our very own, Rotarian Karen Poteat. She educated us on the many ways families can avoid making common mistakes when it comes to a loved one who may be experiencing cognitive changes. During the presentation she stated that this time of year that we may discover that "grandma or grandpa" might have some cognitive changes. This being because we are spending time with them over the holidays. Some of the signs might be people holding onto expired foods, medication, or being untidy. They will make excuses as to why this is. If dementia is suspected, ask open ended questions. Try to observe and not hover. The person having these changes may try to cover up what is happening. Karen

also showed us that it is not all bad news. If these cognitive changes are addressed early the outcome is more positive. If families ignore the early warning signs, you may lose the opportunity. In Karen's presentation, one of the other mistakes families make is trying to handle this situation on their own. That is cases where a family member has early signs of dementia you be better served being treated by an expert in this area of medicine. We also learned that there are 3 basic rules for care-giving. 1. Trust your instinct. 2. Make time for yourself. 3. Never keep fixodent and preparation H on the same self! She also stated the importance of the patient being connected to others. Isolation least to inactivity and depression. The good news is that we live in the only community in the nation that has a program that is specifically designed to help people with cognitive changes. That is Club Thrive. Their moto is "We Cure Boredom." This is a great way to keep grandma or grandpa engaged, which in return may slow down the cognitive deterioration.

Margarita Make-Ups

The Willcox

5:15 pm - 6:15pm

Last Wednesday of each month

2018-2019

12/19, 1/30, 2/27, 3/27, 4/24,

5/29, 6/26

Remember to turn-in your Make-up to the Sergeant-at-Arms You don't need a make-up!! Just come spend time with fellow Rotarians

PROGRAM TODAY

Commissioner of
Agriculture
Commissioner Hugh Weathers

FUTURE PROGRAMS

December Theme
Disease Prevention and Treatment

Dec 10 Commissioner of Agriculture
Weathers
Dec 17 Christmas Program
Dec 24 NO MEETING
Dec 31 NO MEETING

BIRTHDAYS

Ernie Allen	23 December
Melinda Woodell	23 December
Lee Boylston	26 December
Cindy Rudisill	28 December
Bill Molnar	31 December
Karen Poteat	01 January

CLUB ANNIVERSARIES

Young, Ronald (RONNIE) 01/04/16

MEMBER SPOTLIGHT



FRED E. HUMES

Classification:

Economic Development

Date of Induction: 06/15/1998



BILL S. INMAN

Classification:

Electrical Services-Cooperative

Date of Induction: 03/16/2015



2018 COMMUNITY GRANT AWARDS

The Rotary Club of Aiken presented 3 local charities with grant awards. The Child Advocacy Center received \$1000, ACTS received \$2000 and The Habitat for Humanity received \$1500 to go towards installing blessing boxes.



L-R Susan Mehan, Suzanne Jackson, Yolanda Archuletta, Melanie Inabinet, Liz Stewart, President Will Williams, and Jane Page Thompson

Rotary Dictionary Project-Thank You!

